

Lynnwood Community League

15525 84 Ave NW
Edmonton, AB



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JOIN US FOR
LYNNWOOD'S

Christmas Festival & Market

SATURDAY DECEMBER 7, 2019

CRAFT/VENDOR SALE 10AM-4PM
SLEIGH RIDES 4PM-6PM
LYNNWOOD SCHOOL CHOIR 5PM

Hot Chocolate, Apple Cider, Coffee and hot dogs
will be served all day.

NEIGHBOURHOOD WATCH

5 SAFETY TIPS

1. Don't provide places for the thieves to hide in and around your yard behind bushes or material.
2. Don't let thieves know you're not home. Use TV, radio or lights to dissuade entry.
3. Keep your outside areas well lit to make it less appealing to would-be thieves.
4. Fortify your doors with strike plates so doors not so easy to kick in.
5. If you see something suspicious-report it! For non-emergencies call 780 423-4567.

STAY SAFE!!

Bruce Nixon, Lynnwood Community Safety Rep

PRESIDENT'S PEN

Hi Lynnwood, we're back!

Sorry about the long delay in newsletters. Our previous Lynnwood Link Coordinator was a tough act to follow so it has taken time to find a replacement. Thank you to Jenn for all her dedicated work for the community. Welcome Kate and Tricia.

Thank you to all that attended our most successful Corn Roast to date. Over 150 people attended the event! We look forward to our next.

On December 7th, we will hold our 2nd Christmas Festival and Market. Sleigh rides, beverages all day, and yes, all free! A number of vendors and local crafters will be on hand to help with all of the stocking stuffers you may require. And let's not forget the amazing Lynnwood Choir that will entertain us again this year!

Skating season is soon upon us! Come and check out our rink beside the hall.


We have now purchased and installed our projector screen for the hall. Once a month we will do a Family Movie Night. Volunteers to help make popcorn, monitor the evenings, and make suggestions as to what to show would be very appreciated. Dustin and his family have been organizing and running the event however it's always nice to have more help.

In closing, I am looking forward to 2020 in our part of the city. Stay informed to future events, activities, and opportunities in the Lynnwood Community. Read the Lynnwood Link, watch the sign at the hall, join us on Facebook and the CommuniBee App.

Stay safe,

Ken Pederson

President, Lynnwood Community League



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Getting to Know Our Neighbours

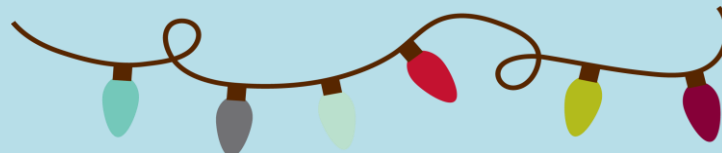
"We came from Vancouver in 1964 and we were looking all over. When I walked into this house, it felt like heaven (for the size and whatnot). The school, shopping centre and bus route were handy. It was the ideal position for us.

Friendly people were here and still are. We used to have coffee parties every Wednesday, switching houses each week. There used to be a bowling alley in Meadowlark and we'd go there too.

I'm still happy to be here after 55 years. It's a wonderful neighbourhood and I would recommend it to anyone."

Beverly
Lynnwood Resident Since 1964

EDMONTON EVENTS TO CHECK OUT



ENJOY LIGHT FESTIVAL	Nov 25-Jan 5.	Enjoy Centre St. Albert	From Santa's Workshop to a glowing Enchanted Forest, it has something for everyone.
CANDY CANE LANE	Starts Dec 12 at 6PM	148 St (92 to 100 Ave)	Kicks off with a car-free night. Book a sleigh ride and remember a Food Bank donation.
ZOOMINESCENCE	Dec. 6-29	The Zoo	Life will be brought outdoors with a skating rink, fire dancers, ice, light exhibits and 11 artist installations.
GLOW	Nov 28-Jan 4	Edmonton Expo	Light gardens, illuminated structures, food, festive drinks and entertainment, all under the twinkle of a million lights.
THE SINGING CHRISTMAS TREE	Dec. 19-22	Jubilee	An evening complete with dancing, Christmas classics, and a 35-foot singing Christmas tree of 150 choir members.
A CHRISTMAS CAROL	Nov 30-Dec 23	The Citadel	Marking the 20th anniversary of this annual production with a brand new adaptation.

GET THAT MEMBERSHIP!

2019/2020 memberships are valid from
Sept. 1, 2019 - Aug. 31, 2020.

Family	\$30
Single	\$15
Seniors	FREE
New residents (less than 6 months)	FREE

Purchase your membership through:

1. Our **friendly volunteers**.
memberships@lynnwoodcommunity.com
2. The **CommuniBee App**. Memberships have gone digital! Purchase your membership and save it on your phone.
3. **Online**. Note: there is a fee for this option.
<https://efcl.org/membership>

LYNNWOOD IS NOW ON COMMUNIBEE!



Download for
memberships and events.

VOLUNTEER OPPORTUNITIES We Need You!

- **Social Club** (Plan parties and community events)
- **Grants Coordinator** (research, prepare and submit grant applications for local projects)
- **Hall Rentals** (show the hall to prospective renters and manage calendar)
- **Vice President** (help drive change and improve our community!)
- **General Volunteers** (movie nights, social events, set-up/take down, Casinos)
- **Playground Revitalization Group** (fundraising, grants, marketing)
- **Newsletter Delivery**
 - Count, prepare, and drop off to carriers
 - Route #7 - 149 st to 152 st (north of 84 Ave)
 - Route #3 - 157 st to 159 st (north of 83 Ave)
 - Route #10 - south of the ravine

Contact Dustin for more info.

vicepresident@lynnwoodcommunity.com

“

I always wondered why somebody doesn't do something about that. Then I realized I was somebody.

Lily Tomlin

”

MEMBERSHIP PERKS

Lynnwood Hall Rental

Rent the hall for your next event!

4 hrs	\$150
All day or weekend evening	\$225
Weekend	\$375

For more info visit our website and email
hallrentals@lynnwoodcommunity.com

Skating

Enjoy public skating at our rink and pond beside Lynnwood Hall. Be sure to pick up your skate tags at the rink shack (just show your membership).

Weekdays: 4-9pm
Weekends: 12-6



Free Swimming

Confederation Pool (11204 43 Ave) Saturdays 4:00pm-5:30pm
Bring your Community League membership.

Community League Wellness Program

Present your membership at a City of Edmonton sports/fitness facility to receive: 20% off an Annual Pass, 20% off a Continuous Monthly Pass or 15% off a Multi Admission Pass.



10% OFF WITH MENTION OF THIS AD!!

We are a meat and seafood market specializing in fresh/frozen Beef, pork, chicken and seafood. Come on down and take advantage of this savings opportunity!

Located at **7664 156st, Patricia Heights Shopping Center**
780 994 6328

Lori Sigurdson

MLA, Edmonton - Riverview
780-414-0719
edmonton.riverview@assembly.ab.ca
9202 B 149 Street NW, Edmonton, AB T5R 1C3

GET INVOLVED!

WINTER GREEN SHACK (Ages 6-12)

Jasper Park Community League (8751 153 St)
November 30 – December 21.
Tues & Thurs: 3:30-6pm Sat: 1-5pm

FAMILY MOVIE NIGHTS (FREE!)

Sat. Dec 21 at 5:00 pm
Santa Clause Movie Marathon

Fri. Jan 24 at 6:30 pm
Movie TBD

Check out www.acf-film.com/en/ and send your suggestion to vicepresident@lynnwoodcommunity.com.

LADIES SPORTS NIGHT

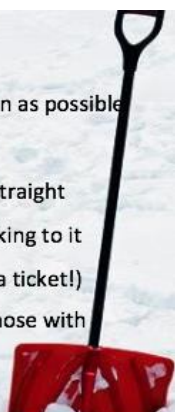
Ladies, let's shoot some hoops! Come and enjoy a non-competitive, fun-focused basketball evening for women. We don't keep score and all levels are welcome. There is a small fee for gym rental but come check it out for free!

Most Thursdays 6:45 to 8:00pm at Lynnwood School (15451 - 84 Ave)
Contact: jayspix@gmail.com to see if we're playing this week.



Snow Shoveling Tips

- Be a good neighbor. Remove snow and ice as soon as possible
- Push the snow when possible, instead of lifting.
- Lift small amounts with your legs bent and back straight
- Spray shovel blade with cooking oil if snow is sticking to it
- Don't throw your snow on the road (you can get a ticket!)
- Keep on going and do a neighbour's! Especially those with mobility or health issues.



PARENT CONNECTION

Are you a parent looking to meet other moms and dads? Join our Parent Social Group to build a family friendly community, meet stroller walking partners, chat over coffee and find neighbourhood support. Contact Pamela at pammy_marie@hotmail.com for more information.

YOGA

BEGINNING IN JANUARY!

HATHA YOGA

Fridays at 1:15 PM
Lynnwood Hall

Members: \$75 for 5 classes
Non-Members: \$90 for 5 classes

*You belong.
Everyone belongs in Yoga. There is a place for you regardless of your age, size, shape, experience, strength, flexibility or mobility.
Come and join me!*

Krista

To Register: vicepresidentallynnwoodcommunity.com

Looking to take part in yoga but that time doesn't work? Let us know!

COYOTES IN LYNNWOOD

Our ravine is host to many parts of nature including coyotes. The local rangers are aware of the coyotes in the ravine, and that they are active in the community.

As our city expands into traditionally wild habitats, more coyotes are adapting to food sources such as garbage, fruit, and pet food. Coyotes can be territorial. They may try to draw a dog away, trying to eliminate a perceived threat.

Coyotes do not pose a threat to humans and the extremely rare cases of physical contact are almost always as a direct result of feeding/desensitization. Coyotes have a weaker bite than most dogs and even humans!

Conflict Prevention:

- Don't feed coyotes and keep pet food inside.
- Secure your garbage in a protected Container.
- Clean up fallen fruit and bird seed.
- Keep your dog on-leash in areas with coyotes.
- Don't leave cats out roaming or small dogs out in the yard unattended for long periods.

If a Coyote Does Approach, make it feel unwelcome:

- Clap your hands loudly and firmly towards the animal
- Make yourself appear large (wave your arms overhead or swing objects).
- Throw rocks or sticks
- Shout in a deep voice and maintain eye contact.

- Do not turn away or run. Back away slowly towards human activity.

Report a Coyote only if:

- The coyote has followed, chased or attacked someone or a pet.
- The coyote is acting aggressively or Defensively.
- The coyote is injured and immobile.

Adapted from information from the City of Edmonton

Coyote Info Line: 780-644-5744

To report a problem coyote call: 311 or Email: 311@edmonton.ca



YOU'RE INVITED...



60 YEARS of LEARNING at LYNNWOOD

60 years of wonder ...
60 years tells a story ...



A school-wide celebration of our inquiry based learning

1959  2019



Thursday, December 19th
displays from 4:00 to 7:00 pm
5:30 cake cutting
6:00 mini-concert

Lynnwood School
15451 - 84 Avenue

Everyone welcome!



LYNNWOOD LINK NEWSLETTER

We are always looking for people to share an interesting hobby or passion. Have you found an ingenious way to keep basil alive during the winter? Does your home has a unique story? We'd love to hear from you. Please contact Kate at newsletter@lynnwood.com or 780.996.3474



Cold Weather Safety

Emergency Medical Services (EMS) paramedics respond to a number of cold weather related emergencies every winter. However, by taking appropriate measures to dress properly, anticipate sudden weather changes and preparing to be out in the cold, may reduce your risk of sustaining a cold weather illness/injury. It's also advised you store an emergency kit in your vehicle at all times containing extra clothing, blankets and other road-side supplies.

Frostnip

- Frost-nipped skin is extremely cold, but not yet frozen skin;
- It commonly affects the ears, nose, cheeks, fingers and toes;
- The skin may look red and possibly feel numb to the touch;
- When treated promptly, frostnip usually heals without complication;
- Move to a warm environment and immediately, but gently, re-warm the affected area through skin to skin contact (i.e. hand covering tips of ears).

Frostbite

- Frostbite occurs when skin becomes so cold, the skin and underlying tissues freeze;
- Affected skin may look white & waxy and will feel hard to the touch;
- Move to a warm environment immediately and place the affected area in warm, *not hot*, water until fully re-warmed;
- Call 9-1-1, or seek further medical attention as required.

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116 LYNNWOOD SCOUTS UPDATE

The 116th Lynnwood Scouts are well on our way through another year of fantastic adventures, thanks in part to the generous contributions from our Lynnwood neighbors. Last year, our bottle drives in the Lynnwood community helped to send members of our Scout troop all the way to Sooke, B.C. for the Pacific Jamboree -- allowing them to meet Scout youth from across Canada and create memories for a lifetime.

This October, our first bottle drive of the year brought in approximately \$4,000 towards activities for over 80 youth in our Beavers, Cubs, Scouts, Vent and Rover sections for the 2019-20 Scouting year and we are truly grateful for all the neighbors who have supported us by donating their recyclables. Some of our big Scouting adventures this year will include a sleep-over at the Royal Tyrell Museum for our Beaver section and a canoe trip for our Howler Cubs next Summer. It is with your help that we can provide these exciting opportunities to local youth, one pop can at a time, and we thank you for your donations.



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Greetings from
your Councillor



Please feel free to contact our office at:

Sarah.Hamilton@edmonton.ca
780-496-8120

Twitter:
[@sjlhamilton](https://twitter.com/sjlhamilton)

Facebook:
[@SarahHamiltonYEG](https://www.facebook.com/SarahHamiltonYEG)



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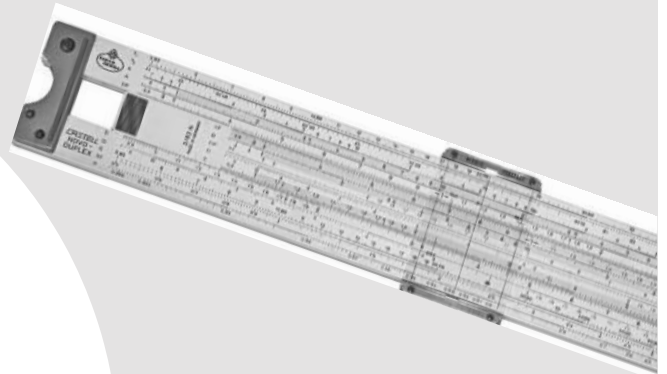
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