Community News

LYNNWOOD LINK

Feb-Apr 2020

Lynnwood Community League

15525 84 Ave NW Edmonton AB

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PRESIDENT'S PEN

Hi Lynnwood,

I hope everyone had an amazing holiday season and New Year "again".

Well, we are right in the middle of Winter and I can't wait for spring! With that being said, let's not take away from the activities or events we can participate in with the snow on the ground.

Our first Family Day skate party will take place on February 17th. Ken, our rink attendant, is looking forward to having a great turnout. There will be outdoor and indoor activities for the better part of the day. Beverages and food will be available.

Please watch for upcoming events through social media and on the community hall's sign.

If you have any ideas for events or programs you would like to see, please don't be shy, tell us. This is your community.

See you soon and stay safe,

Ken Pederson, President, Lynnwood Community

BABY IT'S COLD OUTSIDE!!!

Winter may be cold, but it doesn't have to be dangerous -- stay warm and safe and enjoy your winter, inside and out in the Lynnwood Community.

Stay safe indoors

Winter is a busy season for fires in Canada. That's why it's important to be mindful of fire prevention and safety. Make sure you have working smoke alarms and a working carbon monoxide detector.

SAFETY TIPS

Check your family emergency kit

You likely have some basic emergency kit items already in your home, such as a flashlight, battery-operated radio, food, water and blankets. The key is to make sure they are organized, easy to find and easy to carry (in a suitcase with wheels or in a backpack) in case you need to evacuate your home.

Keep an emergency kit in your vehicle Prepare an emergency kit and keep it in your vehicle. Refresh the supplies for winter. For example, add an extra blanket or new food items.

Help a neighbour

If you know of a senior in our neighbourhood who might need assistance please be the one to go say Hi and see if they need help with anything such as snow removal.

Hotdogs Hamburgers

Beverages

Garbage Area

It is important to keep your garbage collection area easily accessible for those fine people that pick it up so they can access without getting hurt.

Cheers,

Bruce Nixon (Lynnwood Safety Rep)



Skating 11-3 Shinny 3-5 Come meet your neighbours and

have a great day !

SCHOOL OPEN HOUSES NEAR YOU!

Lynnwood





15451—84 Avenue NW Edmonton Alberta T5R 3Y1 780-489-4500 Lynnwood@epsb.ca

OPEN HOUSE FOR NEW REGISTRANTS

Wednesday, February 5, 2020 @ 6:00pm—Kindergarten Program

Thursday, February 6, 2020 @ 6:00pm—Challenge Program

Starting February 3rd, registrations are being accepted for Kindergarten (child must be 5 years old on or before December 31, 2020) through Grade 6 for the 2020-2021 year. Lynnwood School offers a regular elementary program, a Challenge program for gifted children, and a special education program for children with special needs. Lynnwood School has an exceptional staff, supportive and caring parents, services a vibrant and diverse student population, and is a focal point for the

EDMONTON PUBLIC SCHOOLS

GET INVOLVED!

FAMILY MOVIE NIGHT

Save the dates!

Fri. Feb 28: Maleficent

Mar. 27 6:30 pm: Movies TBD

LADIES SPORTS NIGHT

Ladies, let's shoot some hoops! Come and enjoy a non-competitive, fun-focused basketball evening for women. We don't keep score and all levels are welcome. There is a small fee for gym rental but come check it out for free!

Most Thursdays 6:45 to 8:00pm at Lynnwood School (15451 - 84 Ave) Contact: *jayspix@gmail.com* to see if we're playing this week.



YOGA

Fridays at 1:15pm at Lynnwood Hall 5 Classes: \$75 (Community League members) Drop-ins welcome!

Would you like to see a class on Sunday? Please tell us what times work for you!

vicepresident@lynnwoodcommunity.com

PARENT CONNECTION

Are you a new parent looking to meet other moms and dads? Join our Parent Social Group to build a family friendly community, meet stroller walking partners, chat over coffee and find neighbourhood support.

Contact pammy_marie@hotmail.com

SWIMMING

Currently, Lynnwood Community League Members are free to swim each Saturday at Confederation Pool from 4-5:30.

If that's a bit far for you, have hope! After a lengthy renovation, the Jasper Place Pool will be reopening on Feb. 17!

In March, our free time slot will return to that location. Specific time and start date to be determined. Check our website for updates.

VOLUNTEER

Social Club (Plan parties and community events)

Grants Coordinator (research, prepare and submit grant applications for local projects)

Hall Rentals (show the hall to prospective renters)

Vice President (help drive change!)

General Volunteers (movie nights, social events, setup, casinos)

Playground Revitalization Group (fundraising, grants)

Newsletter Delivery (Great for walkers!)

MAKE IT HAPPEN

There are ideas but ideas need people!

Nordic Walking/Urban Poling

Transform walking into a total-body exercise. It is easy on the joints and great for rehabilitation. Think cross country skiing without the skiis...or even snow. Bring a walking program to Lynnwood in 2020!

Book Club/Book Swap

Calling all bookworms! Let's expand our minds, read some new books, and discuss with our neighbours.

Contact newsletter@lynnwoodcommunity.com

I always wondered why somebody doesn't do something about that.

Then I realized I was somebody.

Lily Tomlin



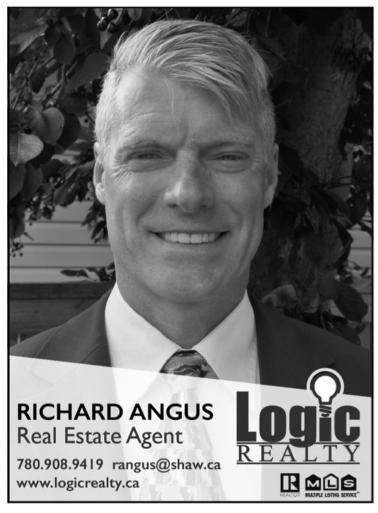
WRITE IT DOWN!

Contributions to the Lynnwood Link are always welcome!

Do you have a passion for gardening, the inside scoop on composting, a family-inspired green living habit that dates back to the 1930s, or a house before and after story? We want to hear it!

Contact Kate newsletter@lynnwoodcommunity.com 780-996-3474





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SENSIBLY

Susan Creller Leader TOPS 2982 Edmonton (780) 434-3446

Meeting Wednesday 9:30-11:00 am Mount Zion Lutheran Church TAKE OFF POUNDS 11533-135 St NW Edmonton

> For the TOPS Chapter nearest you, Call toll-free 1-800-932-8677 Visit the TOPS website at www.tops.org

LYNNWOOD SCOUTS

Happy New Year from the 116th Lynnwood Scouts to our neighbours in the community.

Thank you to all of those who so generously donated their recyclables to our January Bottle Drive. This bottle drive was organized by our third-year Cubs ("Howlers") with the help of our Scouts section to raise money for their summer adventure, canoeing down the North Saskatchewan River for four days and three nights.

Our next planned Spring Bottle Drive will take place on Saturday, April 18 and we look forward to seeing people in the neighbourhood as our sections deliver flyers and pick up bottles in support of continued programming. Thank you again for everyone's support of our activities.

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LIVING A LITTLE GREENER

"When I found out that cling wrap cannot be recycled and is sent to the landfill, I switched to using beeswax food wraps that can be washed and reused.



The plastic bags for produce at the grocery store cause issues at the recycling plant by getting caught in the sorting equipment so as an alternative, I found that there are affordable, mesh reusable bags that can be washed and reused every shopping trip!"

Jen C.

BANANA BARS RECIPE

Ingredients:

- 5 very ripe banana (approx. $1^2/_3$ cup)
- ¾ cup brown sugar (reduce to ½ cup if you like)
- ¼ cup oil (I use coconut)
- ¼ cup milk
- 2 eggs
- 1 ³⁄₄ cups flour (white, whole wheat or gluten free)
- 1 tsp baking soda
- ½ tsp salt
- 1 tsp cinnamon



1 cup mini chocolate chips

Directions:

- Heat oven to 350F. Spray a 15"x10.5" (cookie sheet) or pan – or cover with parchment paper.
- 2. Peel bananas and mash well. Stir in brown sugar, oil, milk and eggs until combined.
- 3. Add in dry ingredients and stir.
- 4. Fold in half the chocolate chips.
- 5. Spread the batter into the pan and sprinkle the remaining chocolate chips on top.
- 6. Bake 18-22 minutes, until a wooden toothpick comes out clean.
- 7. Cool and cut into squares and enjoy!

Seasonal Variation: use canned pumpkin in place of the banana & pumpkin pie spice in place of the cinnamon for yummy fall flavours School safe since they're nut free!

Can be made with gluten free flour as well!

COMMUNITY LEAGUE MEMBERSHIPS

2019/2020 Memberships are valid from Sept. 1, 2019 - Aug. 31, 2020.

Family\$30Single\$15SeniorsFREENew residentsFREE(less than 6 months)



Purchase through:

- 1. Our friendly volunteers. <u>memberships@lynnwoodcommunity.com</u>
- 2. The **Communibee App**. Memberships have gone digital! Purchase your membership and save it on your phone.
- 3. **Online**. Note: there is a fee for this option. efcl.org/membership

MEMBERSHIP PERKS

Skating

Enjoy public skating at our rink and pond beside the hall. Show your membership at the rink shack to pick up your

> skate tags. Weekdays 4-9 Weekends 12-6

Community League Wellness Program

Present your membership at a City of Edmonton sports/ fitness facility to receive: 20% off an Annual Pass, 20% off a Continuous Monthly Pass or 15% off a Multi Admission Pass

Free Swimming

Confederation Pool (11204 43 Ave) Saturdays 4:00pm-5:30pm Bring your Community League Membership.

Jasper Place Pool Reopening!

Our free swim will move to Jasper Place Pool (9200 163 St) in March. Please check our website for updates.

Hall Rental

Rent the hall for your next event!

4 hrs	\$150	For more information, visit
All day or		our website and email
weekend evening	\$225	hallrentals@
Weekend	\$375	lynnwoodcommunity.com

GETTING TO KNOW YOUR NEIGHBOURS



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"We were looking for a house in the west part of the city, and Lynnwood proved to be a good area to live in, being family oriented, close to amenities and

good area to live in, being family oriented, close to amenities and close enough to work (we are both Associate Professors at MacEwan School of Business).

Favourite gems: Bon Ton for the best bread, Liquor Select for a great selection of wines, Meadowlark Simply Health is a great neighborhood health food store."

Albena and Fernando Lynnwood Residents since 2011

UPDATE: EPCOR Hearings November 4-15, 2019

The Alberta Utilities Commission (AUC) hearing for the EPCOR Distribution & Transmission Inc. (EDTI) application was held November 4- 15, 2019 at the Edmonton Inn.

The AUC is the regulatory body in Alberta for electric, gas, water utilities and certain municipally owned electric utilities to ensure that customers receive safe and reliable service at just and reasonable rates. AUC approval is required for the West Edmonton Transmission Upgrade Project that runs through Lynnwood and other neighbourhoods in the west end with consideration given to public interests including economic, environmental and social implications.

AUC hearings are a quasi-judicial process, similar to a civil court and all parties involved are given the opportunity to present evidence and testify and to express their views directly to the commission panel.

Several residents of the Lynnwood Community expressed their concerns to EPCOR about the proposed upgrade project as early as January 2017. Letters were exchanged to no resolve and a petition was started April 2018 which 625 residents of Lynnwood signed.

After the petition started the Lynnwood Community was fortunate to retain the legal services of Richard Secord from Ackroyd Law to represent us at the AUC hearings.

The Lynnwood & Elmwood Communities, 190 Street Residents Group and Aldergrove Group were all opposed to the high voltage aerial lines that are proposed through our neighbourhoods and requested the lines be buried or moved. These four groups all testified at the hearings.

Richard Secord and Ifeoma Okoye from Ackroyd Law retained expert witnesses on our behalf, including:

- CanACRE visual simulation experts, who provided analysis of the visual impacts that will arise from the project
- Veritas Litigation, who provided drone

images and videos of the proposed routes.

- FDI Acoustics Inc., to assess the noise impacts around Meadowlark substation.
- Dr. Anthony Miller. MD, Emeritus Professor regarding the health impacts of high voltage aerial lines
- Dr. Paul Héroux, PH.d, Professor of Toxicology and Health Effects of Electromagnetic Fields
- Gettel Appraisals, property appraisal experts who addressed the impacts to our property values.

Over 60 people from Lynnwood submitted their written statements to Ackroyd Law and the AUC expressing their concerns about the proposed EPCOR project.

14 people from Lynnwood were sworn in and testified at the hearing. An additional 6 people were sworn in and submitted their written statements as direct evidence. Of the 14 who testified 6 are considered by EPCOR as directly impacted due to the location of their properties. Several others attended the hearings to support their neighbours.

The Alberta Electric System Operator (AESO) and Consumers' Coalition of Alberta (CCA) and their legal representatives also attended the hearings and presented their views on EPCOR/ EDTI's application.

All parties had the opportunity to

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cross-examine witnesses and submit final or closing arguments.

The AUC has 3 months from the closing of the hearing to provide their written decision and rationale. We expect to receive the written decision by mid February 2020. Their decision will be posted on their website under AUC proceeding number 23943 and or 25195, and will be provided in the next issue of the Lynnwood Link.

A special thanks to Richard Secord and Ifeoma Okoye for their excellent legal representation; those from Lynnwood who took time from their work and personal lives to attend and testify at the hearings, those who attended the hearings to support their neighbours, all who submitted statements, questionnaires and signed the petition opposing the project.

I would also like to personally thank our working group David and Claire Arnold, Jenn Zalmanowitz, Heather Hamilton, Margaret Pointen-Wilms, and John Wilms who volunteered many hours to strategize, develop the flyer, write letters, attend meetings with officials, and obtain signatures for the petitions. Also thanks to Ken Pederson, Jill McLeod, Dustin Sim and Lester Leung from the Community League for their support.

Sharon, Lynnwood Working Group



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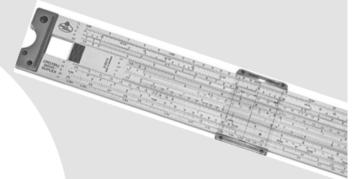
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