

Lynnwood Community League

15525 84 Ave NW
Edmonton AB



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PRESIDENT'S PEN

It has been a busy summer and we are continuing to bring our community together with safe and interesting events.

Our community gardens once again grew tasty veggies for our residents.

Our Fall festival was a huge success. The many activities and different musical performances brought residents together to enjoy our community space.

Our first annual Truth and Reconciliation Day event was a step towards building an inclusive community and hopefully will return next year bigger and better.

Keep your eyes peeled for our upcoming Hi Neighbour events that promise to bring free and informative small scale events regularly.

The Lynnwood Handmade Craft Sale is returning with a real artisan theme. Come and check it out on November 13 at the hall.

We are making plans to get the rink ready for the winter season. I'm hoping to see you out on the ice! Do you have your membership and skate tags? See page 2!

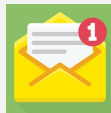
Dustin Sim (President, Lynnwood Community League)

We're MOVING ONLINE!

This is it folks! The last paper newsletter for the foreseeable future. Thank you for reading, for contributing, for appreciating this little labour of love. This is a true collaboration.

The Lynnwood Link will now be online. Subscribe at [lynnwoodcommunity.com](https://www.lynnwoodcommunity.com) (or email me).

Updates will arrive in your inbox each month to keep you apprised of rink opening, events and volunteering.



No email? Let me know and I will deliver a printed copy right to your doorstep.

Kate, Lynnwood Link Editor

780-996-3474

newsletter@lynnwoodcommunity.com

P.S A special thanks to Ada for your proofreading and corrections.



2021/22 MEMBERSHIPS

2021/22 Memberships are available just in time for skating season! Don't forget to ask for your skate tags.


Family: \$25 Single: \$15 Seniors: FREE
New residents (less than 6 months): FREE

Purchase through:

- Our **friendly volunteers**. 780-484-4893 ext. 7
membership@lynnwoodcommunity.com
- The **Communibee App**. Purchase your membership and save it on your phone.
- **Online:** efcl.org/membership
Note: there is a fee for this option

Benefits:

- Free access to Lynnwood's skating rink.
- Discounts at City of Edmonton Leisure facilities
- Free swimming at Jasper Place Pool (temporarily postponed)



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WHAT'S HAPPENING IN LYNNWOOD



Lynnwood's Fall Festival on September 18 was a huge success! There was toddler ukulele, rock painting, a book sale, a Blue Grass jam session, a swing band, and craft beer. There was something for everyone. Lynnwood rocks!

LET'S GO SKATING!

When the world around us freezes, Lynnwood's outdoor rink will be ready! With a rink attendant all winter, our rink is a beautiful sheet of ice.

FREE Fun-On-Ice Games for Kids

Kids under 10 years of age are invited to have fun, play ice games, and improve their skating skills. All levels welcome.

Need skates? Contact us and we can help provide free skates for those who need them.



WANTED:

Ice Games Leader: If you are confident on your skates and want to share your love of skating, we want to talk to you!

Hot Chocolate Volunteers: Provide some chocolatey warmth to skaters.

Check back for updates and contact us if you can help out: vicepresident@lynnwoodcommunity.com



A huge thanks to Lynnwood resident, Bill, for organizing our first Truth and Reconciliation Day!.

PARK REVITALIZATION

Books sales and bottle drives! We are off to a great start. Thank you for donating...and shopping!



COMING SOON

Once we can run things again, Lynnwood will be hopping! Expect to see:

- Yoga on Fridays
- Spanish for Kids
- Friday Night Cards Night (Euchre, Crib, Rummy, Spades!)
- Community Caroling in December
- Ukulele Circle on Wednesday evenings
- Hi Neighbour Sessions



Watch Facebook, the website, and Lynnwood emails for updates and don't miss out!

SKATEBOARDING

Help bring skateboarding to Lynnwood! *Newsletter* @lynnwoodcommunity.com



GETTING TO KNOW YOUR NEIGHBOURS

Our family moved to the west end of Edmonton in 1959 which seemed like the edge of the city back then. We roamed all over the area and rode our bikes without any fears or concerns. Some of our favorite places included the Starlight Drive-In theatre, Meadowlark Bowling Lanes, hockey rink and the ravines for tobogganing. My parents never even locked the house except when we were away for the weekend.

My wife and I moved to Lynnwood in 1996 and immediately liked the house we bought because we could see that it was very well built. We enjoy living here because of the hiking trails, the proximity of

the Whitemud freeway and the neighbours. In our area, we all look out for each other, clear snow as needed and have learned so much about gardening. We appreciate on our street that most people make the effort to have pleasant looking lawns, flowers and front yards.

Lynnwood has many great amenities such as grocery stores, restaurants and medical professionals so that we have everything we need close to us. But it is really the people that live here that make the Lynnwood neighborhood to be special!

James

OUR LADY OF VICTORIES

Catholic Elementary School

Our Lady of Victories Catholic Elementary School has had a busy fall. Our students regularly make use of the 'forest' that borders our field and participate in events that support the local community.

The School Council parents and staff continue to be active in their pursuit of funding to build an even bigger and better playground for our students and the neighbourhood as ways to support our students and families' wellbeing. This is an essential element of daily activity, especially during the pandemic and a place for social interactions for adults.

All support toward our fundraising is greatly appreciated. Please mention our school's name when visiting Cobbs locations or Callingwood bottle depot.

Patricia, Principal



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Emergencies Welcome

EMBRACING WINTER IN EDMONTON



When I first moved to Edmonton 10 years ago from Toronto, I was really taken aback by how long the Edmonton winter is. Really, a winter that's like 6 months long? Over time, I grew to embrace winter though and have taken up nearly every winter outdoor sport imaginable, since if you are in for a long winter, might as well take advantage of it! Here are a few of my favourite activities and places to go! Basically, every resource you need here you can find on wintercityedmonton.ca.

Downhill Skiing

While Edmonton may not be Lake Louise, there are four ski hills within the city to check out:

- Snow Valley (the closest, 119 Street, off Whitemud Freeway)

- Rabbit Hill (southwest of Edmonton)
- Edmonton Ski Club (downtown by the Muttart Conservatory)
- Sunridge Ski Area (17 Street, south of the Yellowhead Trail)

I actually learned how to downhill ski for the first time at the Edmonton Ski Club when I was in my 30s, it's never too late to learn!

Cross Country Skiing

My favourite outdoor activity, there are tons of places to go, best place to start out is the following:

- Victoria Golf Course: downtown Edmonton
- Gold Bar Park: east of downtown
- William Hawrelak Park
- Royal Mayfair Golf Course

Check out this website, to see a trip reports of the countless nearby trails outside of Edmonton as well: <https://www.edmontonnordic.ca/category/trail-conditions/>.

Skating

There are some beautiful outdoor

skating rinks in the city, here are the best ones to check out:

- Victoria Park
- Rundle Park
- William Hawrelak Park

Snowshoeing

It's best to get off the beaten track where there aren't people walking everywhere. Think large parks or public golf courses specially. Here are a few suggestions:

- John Janzen Nature Centre
- Mill Woods Park
- Rundle Park

Winter walking

And yes, walking is just fine in the winter time as well! Here are a few of my favourite spots:

- Whitemud Park: Right off of Fox Drive near the Whitemud Equine Centre, great nearby walking.
- Laurier Park
- Hawrelak Park

Where do I get stuff?

If you are trying out downhill skiing, ski hills typically have rentals. For all other gear, Totem Outfitters is a great place to get rental gear if you are trying out cross-country skiing or snowshoeing for the first time.

Enjoy winter! See you out on the trails!

Brian, Lynnwood Resident



Paul Collins
JOURNEYMAN ELECTRICIAN

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Mid December

Community Caroling

Check the website for updates on community event dates and times.



ASK THE ACCOUNTANT

Claiming Medical Expenses: Ideally we would all not have any of these and our income tax returns would read NIL on this line; in practice, however, this is often not the case. Medical expenses are a part of everyday life.

Who can claim: Generally speaking, medical expenses can be claimed within a household and combined between yourself and your spouse or common-law partner and other dependents. This means that in most cases you can claim your spouse and minor children's expenses. Also, in most cases, medical expenses should be claimed on the income tax return for the individual with the higher income to maximize the tax savings for the family. An example of this would be if Spouse A earns \$80,000 and Spouse B earns \$30,000; if they had a total of \$500 of medical expenses (\$300 Spouse A, \$200 Spouse B) it would be more beneficial to claim the entire amount on Spouse A's return rather than splitting it up or claiming it on Spouse B's return, because Spouse A pays tax at a higher rate than Spouse B because their income is higher.

What can be claimed: There is a long and exhaustive list of eligible medical expenses that can be claimed on the

Canada Revenue Agency website. You can find this by following these steps:

1. Go to: <https://www.canada.ca/en/services/taxes/income-tax/personal-income-tax.html>
2. Click on "Claiming Deductions, Expenses and Credits" link on the bottom-right
3. Click on "Medical" link under the Most Requested banner
4. You can type in your medical expense and hit "Search" and it will tell you if it is eligible or not

You can only claim the portion of medical expenses that you paid for (i.e. you cannot claim expenses that you have been reimbursed for).

This year you may have had to incur additional medical expenses as a result of COVID-19 such as paying for rapid testing, doctor's notes, medical travel and perhaps even the cost of receiving the vaccine in another country. CRA's preliminary position has been that they will allow these as medical expenses if they were required as a condition of employment or to enter the country.

When can they be claimed: Medical expenses can be claimed within a 12-month period ending in the current taxation year as long as they were not claimed previously. This means that as long as your claim period ends in 2021 you can claim those expenses this year; in theory your claim period could be January 2, 2020 - January 1, 2021.

Overall: Medical expenses are a very complicated area of income tax and I encourage you to talk to your advisor or a tax practitioner if you have specific questions about expenses you are thinking about claiming on your income tax return. The advice provided above has been done so from a general information providing purpose and should not be relied upon for your specific circumstances.

It has been my great pleasure to provide you with information during this past year and I do hope you will continue to enjoy the electronic version of the newsletter! Thank you for reading and please stay safe and healthy.

Sachin, a Lynnwood Resident since 2014

"I always just thought if you see somebody without a smile, give'em yours!"

– Dolly Parton

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